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Title

Office Space Development and Respective Effects on Productivity and Work-Life Balance

Abstract

Recently, authorities in the European Union have directed their focus on the changing way, in which work is being conducted around the world. The outbreak of Covid-19 has then further increased the public's interest into new forms of work and has challenged current work systems along with working times, office spaces and more. This thesis has been guided by the vision of confirming, denying, and finding existing and new information in order to provide decision makers in the European Union with a baseline for future research. These findings are then expected to yield to policy changes that impact millions of people in the European Union.

Qualitative data analysis in form of in-depth interviews and a case study have been identified as appropriate tools to uncover and challenge basic assumptions that are present in an actual, real business environment, which may not yet have been identified through quantitative measures.

This thesis provides the reader with an opportunity to travel through the post-war era in order to experience how office spaces have changed as a result of macro-environmental, especially socio-cultural developments. Productivity, work-life balance, knowledge flows and office space environments are shifted into the center of attention in order to showcase how theoretical concepts are (mis-)used, which may help highlight points of improvements.